

TheMHS 2010 Consumer Day

16 years strong and working towards a renaissance!
MANY VOICES – ONE MOVEMENT

Call for Posters

TheMHS consumer day is a forum being organised by the 2010 Sydney TheMHS Consumer Day organising committee to promote consumer participation across Australia and New Zealand. The day will be held on Tuesday 14 September and celebrates the progress we have made since 1994 when consumers held the first TheMHS Consumer day in Melbourne.

Keynote speakers, panel discussions and workshops will provide information on how various approaches are being used to improve a person's journey with Mental Health Services across Australia and New Zealand.

The day will allow time for discussion of the current situation for people involved across Australia and New Zealand in consumer participation either in a paid or voluntary role.

The venue for the forum is the Sydney Convention Centre from 9 till 5pm.

We invite you to submit a poster presentation for the forum that addresses one of the 23 Big Issues. A copy of the 23 Big Issues report can be found at www.nswcv.org.au. The poster can be a maximum size equal to (420 mm or 594 mm) the size of an A2 and be either in landscape or portrait format.

What do we do at a TheMHS Consumer Day?

Each Consumer day since 1996 has been organised by a local group of consumers who have a link to the local Program committee. Although there are no must do's with a consumer day: history now shows that about 40% of the people who attend are there for the first time the balance have usually attended more than one other consumer day.

There are several unwritten rules that come with taking on organising a Consumer day; There is no actual budget for the day that the consumer organising committee manages, it is a consumer only space that is organised by consumers for consumers, the other is that the day needs to happen at the same location as the main conference to utilise the support we receive from the TheMHS office in running the day.

We receive some financial support from the Australian Federal Government to put on the day. Since 2001 TheMHS management committee has charged a reduced admission fee for consumers to attend. The fee this year is \$45.00 per person.

Members of the 2010 TheMHS Consumer Day organising committee include: Lynda Hennessy, Paula Hanlon, Michael Appleton, Justin Liberman, Linda Mizzi, Vicki Katsifis & Douglas Holmes. Good luck as you start your journey towards the 2010 TheMHS Consumer Day

Content of Poster

The following will assist you to fill in the application for the poster on the next page:

- ✓ The description of the poster content should be as informative as possible and truly represent the intended presentation.
- ✓ The form will be used both for selection purposes and if selected will go into the consumer day program.
- ✓ It should include at least one issue from the 23 Big Issues report.
- ✓ Include a statement of the aims of the poster; sufficient information to allow a delegate to learn what may be gained by viewing the poster; a strong concluding sentence as a summary of the poster.
- ✓ Include 2 references relevant to the issue (in addition to the 200 words)

Learning Objectives.

Each entry needs to be accompanied by two learning objectives. They should be listed on the same page as the entry form and are additional to the 200 words describing the poster.

Learning objective (1) answers the question: "What will people in the audience gain or learn from viewing this poster?" (Don't say what you are going to teach, but what they are going to learn.)

Learning objective (2) answers the question: "How is this issue relevant to the 23 Big Issues report?"

Failure to include these two learning objectives may result in the poster not being accepted for display at the 2010 TheMHS consumer day

Closing date for receipt of entry forms for posters

To have your poster included in the 2010 TheMHS Consumer day program your entry form needs to be returned by Friday 23 July 2010.

Email your completed abstract forms to djholmes@stvincents.com.au

Acceptance of Abstracts

PLEASE NOTE that only the first author will be advised by email by the middle of August 2010 with regard to the acceptance or otherwise of the poster. The first author (as given in application) will be the main contact for correspondence about the poster, however please also ensure that all co-authors/presenters' email addresses are supplied.

The consumer day program sub-committee will give preference to posters that demonstrate how the presentation relates to the 23 Big Issues report.

Application to present a poster at TheMHS Consumer Forum

Details of Authors and presenters

Given Name	Family Name	Email Address	Phone	Presenting: Yes/No?

Poster Title: (Max 10 Words)

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Abstract: Max 200 words for the 2010 TheMHS Consumer Day program

Learning objective 1:

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Learning objective 2:

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The poster focuses on the following issue from the 23 Big Issues report:
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A full copy of the 23 Big Issue Report can be found at www.nswcv.org.au



More Information: A document entitled The Most Important Issues Affecting People with a Mental Illness or Disorder (known to most people as the 23 Big Issues) has more information about the issues with some proposed solutions. A full copy of the report can be found at www.nswcv.org.au

List of the Issues

Nos	Issue Title	Description
1	Transport	Transporting people with a mental illness to hospital by police.
2	Seclusion	People experiencing a mental illness being strip-searched and put in seclusion rooms when detained in psychiatric facilities
3	Side Effects	Mental health consumers having little or no choice of prescribed medication and the side-effects that result
4	Accommodation	Lack of choice, safety and support regarding accommodation for people with a mental illness
5	Employment	Lack of employment opportunities for those experiencing a mental illness
6	Access When Unwell	People with a mental illness having to be really unwell to access help
7	Continuity of Care	Continuity of care in the community and hospitals for people with a mental illness
8	Choice of Therapist	Lack of choice in type of therapist i.e. Alternative, Psychologist, OT, Peer Worker
9	Rehabilitation	Lack of worthwhile and appropriate rehabilitation.
10	ECT	Unfair and inappropriate Detention, Treatment and Administrative Orders to force treatment such as Electro-Convulsive Treatment (ECT).
11	Unpaid Work	Amount of unpaid work done by people with a mental illness
12	Stigma	Stigma from the family, community, workplace, police force, mental health service providers
13	Lack of Information	Lack of information given to consumers about their illness and legal rights
14	Lack of Legislation	Lack of legislation protecting mental health consumers
15	Lack of Partnership	Lack of true partnership in service delivery and tokenistic representation.
16	Lack of Empowerment	Lack of empowerment for mental health consumers
17	Rural and Remote	Lack of mental health services in rural and remote areas.
18	Management Plans	Little or no involvement in management plans
19	Support from Hospital	Little support from hospital to home for people with a mental illness
20	Access to Psychiatrists	Lack of suitable access to psychiatrists
21	Children of parents with	Children of parents with a mental illness
22	Young People	Unique problems facing young people with a mental illness
23	C.A.L.D.	Culturally and Linguistically diverse people experiencing a mental illness